



CATFIELD NEWS

Your village magazine May 2023



'Evening calm at Catfield Dyke' - Photo by Richard Skipper

Articles and pictures for the Catfield News

If you have an article for the magazine we would love to receive it, but please remember to include your name as we do not print articles if we do not know who the author is. We don't have to print your name, but we need to know who you are.

Do you have a picture that you think would look good on the cover? We are always on the lookout for cover pictures. Articles and pictures can either be e-mailed to one of the team or dropped into the Catfield News box in the Catfield Stores.

CATFIELD NEWS Contacts:

Steve Beckley: Chair/Treasurer Tel: 582913 - Email: stevebeckley1@gmail.com Heather Hollister - secretarycatnews1@btinternet.com Judith Gardiner - judithgardiner5@aol.com

YOU CAN drop your competitions entries and /or ANY correspondence into the CATFIELD NEWS BOX inside the Post Office, Special thanks to Vish & Karthi.

All submissions to be posted no later than the 10th of the month.

Please address your envelope to Catfield News

If you would like to view the Catfield News online it can be found on the Parish Council website

https://catfieldparishcouncil.norfolkparishes.gov.uk and the Waterside Group website

www.watersidegroup.org.uk

The Catfield News is an independent magazine with no affiliation to the Parish Council, Church or any other body. We are a self funded magazine, produced by a group of volunteers with the income from advertisers paying for the production costs.

Helpful Information

Staithe Surgery Stalham

www.staithesurgery.co.uk 01692 582000

Surgery Hours

Monday to Friday 8.30am - 5.30pm

Dispensary Hours

Monday to Friday 8.45am - 5.30pm

Ludham Surgery

www.ludhamsurgery.nhs.uk 01692 678611

Surgery Hours

Monday, Tuesday, Thursday and Friday 8.30am - 6.00pm

Wednesday 8.30am - 1.00pm **Dispensary Hours**

Monday, Tuesday and Friday 9.00am - 6.00pm Wednesday 9.00am - 1.00pm Thursday 8.30am - 6.00pm

Stalham Green Surgery

www.ludhamsurgery.nhs.uk 01692 580880

Surgery Hours

Monday, Tuesday, Wednesday and Friday 8.30am - 6.00pm Thursday 8.30am - 1.00pm

Dispensary Hours

Monday 8.30am - 6.00pm Tuesday, Wednesday and Friday 9.00am - 6.00pm Thursday 9.00am - 1.00pm

Local MP

Duncan Baker 01692 557140 Duncan@duncanbaker.org.uk

Local County Councillor

Richard Carey Price 07880791258 (work hours) Richard.price.cllr@norfolk.gov.uk

Local District Councillors

Pauline Grove-Jones 01692 580071 Pauline.grove-jones@north-norfolk.gov.uk Matthew Taylor 07557097597 matthew.taylor@north-norfolk.gov.uk

Local Police

PC Matthew Pritty
Beat Manager
Hoveton Police Stn
Matthew.Pritty@Norfolk.Police.uk

May events

Indoor Cycling

Join us for an invigorating workout in Catfield village hall, **Monday and Thursday evenings 6.45pm to 7.30pm**.

Bring a bottle of water and a small towel. You remain in control of your bike so you can set the resistance to the level that's right for you. Then just cycle along to the music as the instructor guides you through the session.

Class costs £6 and pre booking is required.
Contact Jane Turner to book a bike.
M: 079 078 44433 Email: mailjaneturner@yahoo.com

Parkinson's Group

Tuesday 2nd May - 12.00 - 2.30pm in the Catfield Crown

This group is for anyone who has, or is living with Parkinson's Disease and is open to family and friends. We meet on a monthly basis and hope that through the group we can provide a place to meet and generally find out what help is available if so required.

A warm welcome awaits so please do come along and join us.
Contact Daye on 07484173099 for more info

Parish Council and District Council Elections Thursday 4th May in Catfield Village Hall 7.00am - 10.00pm

Coffee & Chat Club

Friday 5th May - 10.00 - 12.00 in the Village Hall

Come along to the Village Hall and have a drink, a piece of cake and either just sit and chat or join others playing games.

All welcome.

All welcome.

For more information contact Judith on 01692 580391

Catfield Stitching Group - Tuesday 9th and Tuesday 23rd 2pm to 4pm in Catfield Village Hall

We are a friendly group of like-minded people, all at different levels of experience. If you, like us, enjoy stitching and sharing creative ideas, we would love you to join us. Please bring your own project (Embroidery, knitting, crotchet, patchwork or creative sewing). We have occasional, optional group projects and workshops.

Please contact Pat Reid 01692 582978 or Brenda Hackney 01692 678128 for more information. £3.00 per session.

Tea, Coffee & Biscuits included. Free first/taster session.

Catfield Crafters - Wednesday 24th 1pm to 3pm in Catfield Village Hall

At each meeting members share new ideas and techniques as well as making two card projects. All tools and materials are supplied. The subs for each session are £3.00 which includes refreshments. New members are always welcome.

Contact Jennifer Banham on 01493 740560 for more information

Mobile Library

Visits Wednesday 10th 10.05 - 10.20 Thorn Road

10.25 - 10.40 Village Hall

PLANT SALE Saturday 20th May Catfield Village Hall. 10am - 1.00pm

Environmental Group Meeting Wednesday 24th May at 7.00pm in the Village Hall

One Liner: The mouse who has only one mouse hole is soon taken.

CATFIELD PARISH COUNCILLORS

Correct at time of going to print. The results of the PC Election will be published in the June Magazine

01692 581314	keithbacon@keme.co.uk
07747033056	jandmbriscoe@btinternet.com
01692 580219	office@telecomengineering.co.uk
01692 581421	michael.filgate50@gmail.com
07842553478	jenben.harris@gmail.com
01692 580220	tim@catfieldhall.com
07881786690	samghill536@gmail.com
07966362762	nixsjeffreys@gmail.com
07770 581706	angiejohnson4@hotmail.com
07818 451907	neil.j.jordan@btinternet.com
01692 580739	cranemarie4@gmail.com
	07747033056 01692 580219 01692 581421 07842553478 01692 580220 07881786690 07966362762 07770 581706 07818 451907

Clerk of Parish Council 07555197530 catfieldparishcouncil@gmail.com

Parish Council and District Council Elections Thursday 4th May in Catfield Village Hall 7.00am - 10.00pm

A little reminder that from May 2023 new UK government legislation contained within the Elections Act 2022 means all voters voting in person at the polling station will need to provide photographic identification before being issued with your ballot paper.

There are 12 people standing for the 11 positions as Parish Councillors. You can vote for as many candidates up to 11. e.g. if you only want to vote for 1 candidate that will be counted.

STATEMENT OF PERSONS NOMINATED

North Norfolk District Council

Election of Eleven Councillors

The following is a statement of the persons nominated for election as a Parish Councillor for

Catfield

Name of Candidate	Home Address	Description (if any)	Name of Proposer	Reason why no longer nominated*	
BACON Keith Philip	Woodcroft, Wood St, Catfield, Gt. Yarmouth, Norfolk, NR29 5DF		Jordan Neil J		
BRISCOE Janet	Nuholme, Ludham RD, Catfield, NR29 5AL		Buss Elaine		
EDWARDS Graham Charles	The Lodge, Lodge Road, Catfield, Norfolk, NR29 5DE		Croft Dina		
HARRIS Jennifer Sharon	Wood Street Farm, Catfield, Great Yarmouth, NR29 5DF	Catfield Resident	Harris Timothy C		
HARRIS Timothy Charles	Catfield Hall, Catfield, Norfolk, NR29 5DB	Catfield Resident	Harris Jennifer S		
HILL Sam Gresham	Barn Owl Farm, Rush Green, Barnham Broom, Norwich, NR9 4EA		Jordan Neil J		
JEFFREYS Nicolette Michelle	(address in North Norfolk District)		Dowe Julie A		
JOHNSON Angela Winifred	3 Bleak House Cotts, The Street, Catfield, Gt Yarmouth, Norfolk, NR29 5BE		Harris Timothy C		
JORDAN Neil John	The Bungalow, Lodge Road, Catfield, Gt.Yarmouth, Norfolk, NR29 5DE		Bacon Keith P		
PLOWMAN Polly	(address in North Norfolk District)	Catfield Resident	Rundle Annabella H		
ROBERSON lan James	Lavender House, 1 New Cottages, Wood St, Catfield, Gt. Yarmouth, NR29 5DF		Angel Paul J		
SNELLING Scott Stephen	5, Lea Road, Catfield, Norfolk, NR29 5BH		Harris Timothy C		

*Decision of the Returning Officer that the nomination is invalid or other reason why a person nominated no longer stands nominated.

The persons above against whose name no entry is made in the last column have been and stand validly nominated.

A POLL WILL BE HELD on Thursday 4 May 2023 between the hours of 7:00 am and 10:00 pm.

Where contested this poll is taken together with the election of District Councillors

Dated Wednesday 5 April 2023

Steve Blatch Returning Officer

Printed and published by the Returning Officer, Electoral Services, North Norfolk District Council, Holt Road, Cromer, Norfolk, NR27 9FN

STATEMENT OF PERSONS NOMINATED

North Norfolk District Council

Election of District Councillors

The following is a statement of the persons nominated for election as a District Councillor for

Stalham Ward

Name of Candidate	Home Address	Description (if any)	Name of Proposer	Reason why no longer nominated*	
BAYES Kevin Terence	22 Rivermead, Stalham, Norfolk, NR12 9PH	Local Conservatives	Taylor Matthew P		
CROSS 2 Spindrift, Jacqui Seaview Crescent, Walcott, Norfolk, NR12 0NZ		Labour Party Lawrence Pauline E			
GROVE-JONES 69 Millside, Pauline Millicent Stalham, Norwich, NR12 9PB		Liberal Democrat	Raynor Susan M		
LENNANE Orchard House, Stephen HJ Gunton Park, Hanworth, NR11 7HJ		Liberal Democrat	Skivington Jane S		
MACARTNEY-FILGATE Michael Graham	The Rose House, Limes Road, Catfield, NR29 5DG	Green Party	Reid Richard		
TAYLOR 26 Millside, Matthew Patrick Stalham, NR12 9PA		Local Conservatives	Yates Ian D		

^{*}Decision of the Returning Officer that the nomination is invalid or other reason why a person nominated no longer stands nominated.

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Catfield Parish Council meeting highlights

Wednesday 5th April 2023

- **Public** Potholes and parked cars at Polker lodge
- Cllr Grove-Jones update:
 - Planning permission for traveller site status refused and awaiting enforcement.
- Cllr Taylor update:
 - Over 100 people attended recent jobs fair.
 - For refuse issues as a result of strikes contact Cllr Taylor
- Cllr Price update:
 - Enforcement letter sent to Mushroom site owners to move the fencing.
 - Repairs to start on Potter Heigham bridge.
- Planning
 - PF/23/0382 15 St Catherines Avenue No objections from PC
 - **PF/21/3414 Milestones Hospital, The Street** PC continue to object as over development and to the reuse of a much-needed mental Health Facility.
 - **PF/23/0634 Barneybees, Lime Road** Change of use of small amount of land from agricultural to amenity/garden. No objections from PC as it brings the current garden in line with the surrounding gardens.
- Flo Gas light pollution PC and Ludham PC continue to address this item.
- Playing field car parking A knee rail fenced area for cars was suggested and to be investigated.
- CEG Update:
 - More helpers needed for Village Fete, please contact the group to help.
- **Discharge of polluted water into the Ants Broads and marshes** Tests have been carried out and awaiting the results.
- Mud on the roads around Fenside PC continue to raise the issue with Highways and await further response.

Please refer to the website and noticeboards for full details of meeting minutes.

Next Meeting Wednesday 17th May 2023 at 7pm in the Village Hall

Parish Council Meeting

The next Parish Council meeting will be held on **Wednesday 17th May** at 7pm in the Village Hall This will be proceeded by the **Annual Parish Meeting** on 17th May commencing at 6.30pm.

As usual, all parishioners are welcome to attend.

If you would like a copy of the full P C Minutes please contact the Parish Clerk.

The minutes can also be viewed on the Parish Council website https://catfieldparishcouncil.norfolkparishes.gov.uk and are displayed on the notice board outside the Village Hall.

Useful Local Contacts

Village Hall Booking Clerk - Elaine Smith 01692 580056 elainesmith364@btinternet.com

Catfield United Charities - Jennifer Harris 07842553478 Jenben.harris@gmail.com

Head of Catfield Primary School - Mrs Jacqui Sinkins 01692 580568 www.swallowtailfederation.co.uk/catfield

Priest in Charge of The Waterside Benefice - Rev'd. Gary Noyes 01692 678842 granoyes@gmail.com



Would you like to write a monthly gardening article for the magazine?

Are you are a keen gardener who would like to share your passion and expertise and write a monthly article for the magazine.

If so we would love to hear from you email secretarycatnews 1@btinternet.com

Tip: Burnt milk is one of the toughest stains to remove, but salt makes it a lot easier. Wet the burned pan and sprinkle it with salt. Wait about ten minutes then scrub the pan. The salt will also absorb the burned-milk smell.

May Notice Board

FOR SALE

Divan Double Bed (as new) (2 Drawer) £200 10 Lea Road, Catfield or call 01692 584162 Buyer Collects

CATFIELD AND HICKLING FISHING CLUB

If anyone wishes to become a member of
Catfield and Hickling fishing club membership is available to all residents of Catfield and Hickling
at a cost of £5 for the 2023/ 2024 season.
To apply please contact Keith Bacon: 01692581314
keithbacon@keme.co.uk

Come and join the Catfield News Team

Would you like to be part of the team that produces the village magazine? If you fancy a new challenge and have some spare time we would love to hear from you.

If you are interested please email secretarycatnews1@btinternet.com

JIGSAW PUZZLES FOR SALE

Some £3 each, some £4 each. Contact Sylvia on 07470655799 or come and look at 7, Parkers Close, Catfield

Different rooms found in luxury properties and how you can add a bit of luxury to your home

Once you have a kitchen, dining room, living room, bedrooms and bathrooms, what else do large properties use their rooms for?? There comes a point when you run out of names for them all!

Luxury properties will often have 'extra' rooms, over and above those that you would expect, and often it is these additional rooms that make us feel that a property is that little bit 'extra', setting it apart from the norm.

Perhaps you could consider one of these ideas if you've a spare room in your home too?

Cinema: Paint the walls black and add comfy recliner sofas and a projector screen to host your movie nights.

Gym: No longer waiting for machines in the gym or feeling like you need to get off the treadmill because you've been on too long. A home gym can even remove the barrier to your training session and make you more likely to stick to your exercise plans.

Office: Working from home has seen a dramatic increase in recent years, and research has shown that, generally, employees are more efficient when working from home for at least a day or two each week. A study in a large property conjures up an image of a sizeable imposing room with bookshelves and a big solid desk to work from. A far cry from the space at the end of the kitchen table that many of us worked from during the lockdown period.

Spa/pool: No slumming it at the public pools; luxury homes often have a pool to swim in or host pool parties. Hot tubs are very popular now; many of us have them in our gardens, but a pool is next level.

Stables: If you have horses, you will know the dream of having your horses at home so that you are not travelling daily to the stables.

Workshops: Somewhere for all your tools and toys, bits and pieces to tinker with. If you are handy or like to repair cars, bikes, or perhaps woodwork, a workshop would be your dream.

Playrooms: Many of us already have playrooms where children can make a mess without toys encroaching into the rest of the home. But playrooms in substantial houses are more like second living rooms for the children.

Glamour/beauty rooms: Fans of the Real Housewives franchise will know all about these! A salon in your home with mirrored walls and Hollywood-style lights surrounding you to give that perfect light as you prepare for the day.

Bar: Mix cocktails for your guests at your dinner parties or enjoy a nightcap at the end of the night.

Perhaps you have a spare room that you could change into something a little different and add a bit of luxury to your home?

If you're considering selling your property, adding one of these rooms could set your property apart from the others on the market, resulting in a higher offer!

Get in touch with our team of property experts if you have any questions about selling your property.

e.daniel@trettphillipsresidential.co.uk t.01692 531400 www.trettphillipsresidential.co.uk



All Saints' Church Catfield **May Services**

Sunday 7th May 10am Benefice Holy Communion and Prayers for

the Coronation of King Charles III at Catfield

6.30pm Songs of Praise for the Coronation

of King Charles at Ludham

Rev'd Gary Noyes

Rev'd Gary Noves

Sunday 14th May 10am Joint Morning Prayer at Potter Heigham Judith Gardiner LLMT

Sunday 21st May 10am Joint Holy Communion at Potter Heigham

Rev'd Gary Noyes

Sunday 28th May 10am Joint Holy Communion at Catfield

Rev'd Gary Noyes

Coronation of King Charles III and Queen Camilla

The coronation of King Charles and Queen Camilla will take place in London this month and will be celebrated in our villages in various ways. The United Kingdom is the only country in Europe still practising coronations.

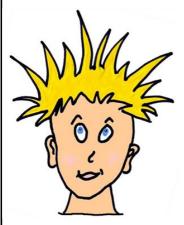
The Coronation Service for King Charles III, king of the United Kingdom and 14 other Commonwealth realms, with essential elements unchanged for the past thousand years, will take place on the morning of Saturday, 6th May 2023 at Westminster Abbey. The Coronation is a solemn religious service, and is performed by the Archbishop of Canterbury, the most senior cleric in the Church of England.

King Charles will promise, "I will to the utmost of my power maintain the Laws of God and the true profession of the Gospel. I will to the utmost of my power maintain in the United Kingdom the Protestant Reformed Religion established by law". King Charles becomes the Supreme Governor of the Church of England. He will be attended by clergy and members of the British nobility wearing ceremonial uniforms or robes and coronets, other government officials, guests and representatives of other countries. After his presentation to the people the King swears an oath to uphold the law and the Church, is anointed with holy oil, invested with regalia, and crowned, before receiving the homage of his subjects. His Consort, Camilla, is then anointed and crowned as Queen. The service ends with a closing procession, an appearance later on the balcony of Buckingham Palace followed by a banquet.

God save the King!

Lynda Savage, Authorised Worship Assistant

Isn't it amazing!



As you may be aware the Church of England are looking at ways our beautiful church buildings can be used, not just for worship but within the community and Catfield may be a first!

The other night it obviously was used by some people, I imagine of the younger generation as a hair Salon. Yes, it is not a typing error, the evidence was there for all to see, brown hair near the porch gates and quite a lot of it!! and you obviously had to move the baskets of Easter flowers as well, pity they were left dishevelled and some of the daffodils on the floor.

Did your son or daughter come home having had a recent and perhaps unexpected hair cut?

We are very happy that young people feel it is a suitable gathering place in an evening but as you can imagine worried that this may lead to further damage, sadly we didn't make an insurance claim when the dry powder fire extinquisher was let off in the vestry and spoilt the surface of all the brass items we use at a Sunday service but please could we ask you to be vigilant and help us look after not just the building and the church yard but for Christians, the House of God.

Catfield Church needs your help

Like many churches, Catfield Church is struggling to raise money for the actual running of the church, the annual insurance, for repairs and making improvements to the building facilities.

If you would be interested in becoming part of a Friends of Catfield Church Group, with the aim of raising money to preserve our beautiful church, please email judithgardiner5@aol.com or drop a note in the Catfield News box in the village shop.



Our case this month is a beautiful little terrier who is approaching 8 years of age. She presented with blood in her urine and signs of cystitis. Prior to this she has passed tiny little stones with no problem, but on this occasion she was clearly having trouble. She was admitted to the practice for further tests to determine the extent of her problem. Both radiography (X-Rays) and ultrasonography can be used to identify bladder stones (uroliths) in the bladder and the kidneys. As you can see below, stones can be clearly visualised in the bladder, but fortunately there were none stuck in her urethra or within the kidneys. When there are high numbers of large stones causing clinical problems the best treatment option is surgery, so the decision was made to take her to theatre straight away.

Once the bladder was opened we found hundreds of stones varying in size from large marbles to sand and grit sized uroliths. All of these stones have to be removed and the bladder thoroughly flushed in order to prevent further irritation. Samples of the uroliths have been sent away for analysis in order to help us modify her diet and hopefully prevent further production of these bladder stones.

Bladder stones can be a problem in cats and dogs and many small furries such as guinea pigs, so any recurrent episodes of cystitis are always worth having looked into if they don't clear up as expected. Interestingly Dalmatians are even more prone to kidney stones than other dogs due to their inability to breakdown something called purine, so they often have to be fed a very specific diet indeed, worth considering for any Dalmatian owners out there!



Toby Morrell MRCVS Westover Vets

FARMING NEWS

Slowly agricultural commodity prices are coming back to normality, whatever that is, following a long period of volatility. Supply and demand seem to be the drivers to prices and we farmers understand this. I suspect that prices at harvest time will be low with little demand for feed wheat or oil seed rape which will complete with the cheapest producers in the World. Malting barley looks OK. Potato plantings will be down but the latest area of planting could mean a severe shortage this Autumn. Sugar beet prices have been in the doldrums for the last decade and out of nowhere the price has doubled, so land due to grow potatoes now has sugar beet planned for this Spring. But planting has been delayed by wet weather, so a poor crop is expected.

We have joined CPTTP (Comprehensive and Progressive Agreement for Trans-Pacific Partnership) which is a trade agreement with new Countries. It gives us trade opportunities but for every opportunity there is a downside and it looks like trading more with Countries with very low labour costs could impact some agricultural commodities here with very high labour costs eg beef production. On the other hand, those Countries love our malting barley to make their beer, so there might be an opportunity there.

We've done very little on the farm in the last month due to very wet weather, so now we are a little behind. It has given me the opportunity to catch up on other things like my lawn which has had more attention this Spring than ever before. We finally finished hedge planting on 31st March after planting some 33,000 plants in 6 Parishes. Now we have plans to do some more next Winter but first must apply for funding from RPA and that is not always as easy as it sounds. The Government announce the political policy of spending £x million on a project but the RPA make it so difficult to submit a successful application that very little actual occurs on the ground and the Treasury get their way and spend the minimal amount of money. It seems to me that more and more farmers on light sandy soils or poor soils are packing up now the direct subsidy system is coming to an end, here in Catfield farmers seem quite optimistic as Catfield has good soils with a good level of nutrients which keeps production costs to a minimum. The net result is that arable farmers in Catfield can produce agricultural commodities at the right price and be competitive in the market place.

I'm not convinced Bird Flu has disappeared yet but wild birds are back in large numbers and are eating my malting barley, so over the next few days they will be encouraged to feed elsewhere. Gas bangers, rope bangers, farmers waving their arms and the Labradors will all be out regularly chasing them away. Ducks are pairing up so we should have some ducklings any day but given the rise in otter and badger numbers, the duckling don't stand a chance to survive. Its time we were allowed to control these predators and save hedgehogs at the same time. As we are now taking the drive towards Carbon neutrality more seriously these days, we have started to use a product called Polysulphate which has a low carbon footprint. It's mined under the North Sea, crushed, graded and bagged up. It's the Sulphur in the product we are interested in but it also contains Potassium, Magnesium and Calcium. It's a slow-release product so the recent wet weather has been perfect for the crops we are applying it to. Used in conjunction with Urea as a source of Nitrogen, we appear to have stumbled on a sustainable way forward. AWA 10.4.2023

ThinkWilt on the use of language

ThinkWilt, with several friends and acquaintances who have studied and taught English, and others who are native Norfolk Dialect speakers, is venturing onto dangerous ground. The excuse is to muse on the effect of the language used on the understanding and retention of the material spoken or written. So this piece is written not from the perspective of the professional linguist but from that of that of the ordinary punter.

It is said that song preceded speech as communication grew within and between peoples, and it is likely that instrumental music evolved in parallel as people learned to hit, blow and scrape using natural objects and then to fashion them into artefacts that behaved consistently in the hands of a skilled player. Music, in common with speech, relies on rhythm and cadence, on the changing emphasis between notes and syllables, and on the inflection at the end of a phrase or sentence.

Skilled and effective writers and speakers know this and develop their material accordingly. Examples, spread across centuries and across a variety of genres, include the Psalms, the Anglo-Saxon epic *Beowulf*, Chaucer's *Canterbury Tales*, Shakespeare's blank verse plays, and the best of the free verse of the last hundred or so years. The earlier of these are not accessible to the ordinary reader but scholars have produced, in English at least, translations that preserve not only the sense but also the poetry of the original texts.

It is perhaps unfortunate, however, that the definitive texts of the Anglican Church, namely the King James Version of the Bible of 1611 (KJV) and the Book of Common Prayer of 1662 (BCP), while faithful and elegant expositions, are couched in 17th century English not easily accessible to today's casual reader or to casual church attenders who cannot easily digest what they hear. While one must respect the later translations of the Bible in common use, they lack, to the ears of some at least, the rhythm and poetry of the KJV, and the same can be said for the results of over fifty years of diligent effort to modernise the liturgy, leaving the BCP still with more than a few adherents. Meanwhile, the Catholic Church is still awaiting definitive guidance from successive Popes on whether the Latin words of the Mass, familiar to many if only from their many musical settings, may be used in church services, and for Muslims, debate continues about the requirement to read and recite the Qur'an in Arabic.

ThinkWilt admits to being on the wrong side of the argument, and probably of history, in cleaving to the language that supports his fingertip hold on the ledge of belief, and bows to the inevitable. It remains to be seen whether modernising the language of worship at the expense of that language's essential attributes is effective in bringing wider and deeper understanding. ThinkWilt is hopeful, but remains sceptical.

ThinkWilt is the pen name of Richard Reid. The views expressed are his own.



News from Catfield Environmental Group, May 2023

Our group is now a year old! We held our first meeting on Saturday 19th March 2022 with a vague plan to plant some trees and hedges. We don' seem to have stopped since, with several projects either under our belt or underway, and plenty of new ideas being floated. And it has been wonderful to have

your support, either getting hands and knees dirty with the practical work of planting bulbs or saplings or through generous donations.

Come and join us! As we turn one, we would love to grow our membership to enable us to do more to enhance our village. We have friendly monthly meetings and occasional talks and offer a range of activities to suit all interests and abilities – from the afore-mentioned planting to a potential pond restoration project and much in between (remember the Jubilee wheelbarrows?), to all manner of fundraising projects (see below). You don't need to be super fit or outdoors in all weathers, you simply need an interest in improving the environment in our village. Come along to one of our meetings or activities and try us out!



Projects In April we heard the excellent news that our application to North Norfolk District Council' Sustainable Communities Fund had been successful. We will shortly be ordering the bench and two planters to put on the grassed area on the corner of The Street and New Road and the wildflower plug plants for the planters.

We are embarking on a footpath project with a group walk on the paths between the church and Sharp Street in late April. This will be followed by a group meal to mark a successful first year.

Fundraising events We had a successful, and fun, Easter Bingo evening on Friday 7th April, which at the time of writing looks to have raised over £300.



Spring Plant Sale

Our second plant sale takes place at the Village Hall on Saturday 20th May, from 10am to 1pm. As before, we're bringing together several local plant sellers, and members will also be potting up their own cuttings and divided perennials. We would welcome donations of plants or gardening tools and equipment that might be of interest to buyers and could add to group funds. As before, there will be a tombola, a Body Shop stall and refreshments. Entry is free, do come and see what's on offer to restock your garden!



Village Fete,

The Old Rectory, Sunday 25th June

Planning is well underway for what should be a fun event for all ages; thank you to everyone who is helping to organise. We do need lots of helpers to help set-up and dismantle, and also to help run the event on the day. If you are able to support us to make this village event a success, please do get in touch!

Email: catfieldenviromentalgroup@gmail.com

or Tel: 07932 191558



Stalham & District Horticultural Society

Lecture entitled - "Hosta's" by the well-known
Mickfield Hosta's Nursery,
to be held in the Poppy Centre off Recreation Road
in Stalham (NR12 9BH)
on Friday 19th May,
7.15pm for a 7.30pm start.

Raffle and refreshments.
They will have plants for sale so please bring your cash and cards.

Chef's Specials

KING CHARLES 111 CORONATION QUICHE

Pastry

125g plain flour
Pinch of salt
25g cold butter, diced
25g lard
2 tablespoons milk
Or 1 x 250g block of readymade shortcrust pastry

Filling

125ml milk

175ml double cream

2 medium eggs

1 tablespoon chopped fresh tarragon

Salt and pepper

100g grated cheddar cheese

180g cooked spinach, lightly chopped

60g cooked broad beans or soya beans

Serves six.

1. Sieve the flour and salt into a bowl; add the fats and rub the mixture together using your finger tips until you get a sandy, breadcrumb-like texture.

Add the milk a little at a time and bring the ingredients together into a dough.

Cover and allow to rest in the fridge for 30-45 minutes.

- 2. Lightly flour the work surface and roll out the pastry to a circle a little larger than the top of the tin and approximately 5mm thick.
- 3. Line the tin with the pastry, taking care not to have any holes or the mixture could leak. Cover and rest for a further 30 minutes in the fridge.
- 4. Preheat the oven to 190°C.
- 5. Line the pastry case with greaseproof paper, add baking beans and bake blind for 15 minutes, before removing the greaseproof paper and baking beans.
- 6. Reduce the oven temperature to 160°C.
- 7. Beat together the milk, cream, eggs, herbs and seasoning.
- 8. Scatter 1/2 of the grated cheese in the blind-baked base, top with the chopped spinach and beans and herbs, then pour over the liquid mixture.
- 9. If required gently give the mixture a delicate stir to ensure the filling is evenly dispersed but be careful not to damage the pastry case.
- 10. Sprinkle over the remaining cheese. Place into the oven and bake for 20-25 minutes until set and lightly golden.



NWT Hickling Broad - April review

April showers and strong winds certainly presented us with some challenges at the reserve at the beginning of the month. Our paths became the muddiest they had been so far this year, at a time when more visitors start to arrive. Fortunately, the winter had been very dry so we just about managed to keep them all open but it wasn't quite the start to the main season that we'd hoped for. The weather may not have been kind to us but the wildlife didn't disappoint. Swallows and sand martins and as the warblers returned, the reserve came alive with birdsong. First of all, the unmistakable call of chiffchaffs filled the air, followed closely by the melancholic descending song of willow warblers, blackcaps, sedge and reed warblers soon joined in the chorus. Bitterns (5, we think) started booming and the cranes were bugling.

Spring is such a magical time to visit the reserve and if birdsong is something you'd like to learn more about why not join us on one of our regular Birds of Hickling walks?

May Events

Our Birds of Hickling Walk 10am -12:30pm Fridays throughout May. Walk with the Warden 12 May 10:30am – 12:30pm Children's Wildlife Watch 13 May Reptiles & Amphibians 10:30am - 12:30pm Dawn Chorus Walk & Boat Trail Sunday 14 May 4am – 7am Hickling Moth & Butterfly Walk, Wednesdays May & June 10:30am -12:30pm

Visit the NWT website to book www.norfolkwildlifetrust.org.uk and select the date from the what's on calendar.

Rachel Frain – Senior Visitor Centre Coordinator Hickling Broad



Swallow by Lynne Warner

May at the Museum of the Broads

Make the most of the spring sunshine and bring family and friends to the Museum of the Broads at the historic Stalham Staithe. There is nowhere better to sit and watch the river, either in our sunny café area or outside. We sell drinks, ice creams and confectionary, and you are welcome to bring a picnic too.

For a unique river trip, book seats on either our steamboat, Falcon, or our accessible electric boat, Marsh Harrier, and enjoy spotting wildlife or just relaxing on the water. Dogs are welcome, and remember, all 12s and under visit the Museum for free in 2023!

We are looking for more volunteers. If you are looking for something worthwhile to do, fancy meeting new people and learning new skills, give us a call or drop us an email. Or just come along. The Museum will be open on the afternoon of Monday 8th May as part of the national Big Help Out. Volunteers will be on hand to chat to and show you around. Don't be shy – come and meet us!

We look forward to welcoming you to the Museum soon!

The Museum of the Broads, Poor's Staithe, Stalham, NR12 9DA, 01692 581681

www.museumofthebroads.org.uk @MuseumBroads on Twitter, Facebook and Instagram



WROXHAM & HOVETON LIONS CLUB

As we leave spring time let's hope we have a great summer time and do everything that we wish for.

Our next fund raising event is a **Craft Fair** being held on **Sunday May 21st at the Broadland Youth and Community, Centre Stalham Road Hoveton**, From 10am to 3pm. So do come along and see what great locally made crafts are available. Admission is free and refreshments, including delicious bacon rolls and cakes, will be available.

We are now restarting the monthly £100 Charity draw, which is for people who have made a donation of goods to our charity shop in Hoveton and then nominated their chosen charity. This month's nominated charity, from Mrs P.M. from Wroxham, is Norfolk & Waveney Mind.

Our charity shop continues to be busy and we still need your donations of good, clean items, especially bric-a-brac., so If you are having a sort out, or down-sizing, please bear us in mind. You can drop items in at the shop, or alternatively ring them on 01603 783737 or myself on 07850091570 and we can arrange collection. We would respectfully ask anyone donating clothing to our charity shop, to please make sure that they are clean and in a saleable condition.

Planning is well underway for our annual summer **CHARITY VILLAGE FETE** which is being held on **AUGUST 6th at Hoveton Village Hall and Playing Field.10am to 4pm**. In addition to the usual stalls and classic cars we have, among other things, a Jaguar Cockpit, climbing wall, bouncy castle, mini donkeys, a dog agility team and an enlarged display by the Norwich Internal Combustion Engine Society. Bookings for all pitches as well as Classic vehicles, are now being taken. Unfortunately, all inside Craft Stall pitches have now been allocated. All booking forms can be downloaded by going to our website www. wroxhamandhovetonlions.org and clicking on the link "Fundraising Events" or alternatively, by telephoning Lion Mike Clipston on 07767810027.

We always welcome new members, so if you have any spare time and feel you would like to put it to good use and give something back into your community, why not think about joining us. If you are interested, please give me a call 07850091570 or contact our membership chair-person, Lion Lydia Spight, via our "Learn More" link on web site www.wroxhamandhovetonlions.org

Lion Terry Vout President.

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For anyone who has not yet heard about us, we would like to introduce ourselves.

We are Horning Ladies Lunch Club. We meet on the 4th Tuesday of each month (between October and June) at the Old Rectory Hotel in Crostwick.

We enjoy a delicious 2 course meal, followed by Tea or Coffee, and, to complete the afternoon, we have a different guest speaker each month.

You do NOT have to live in Horning, in order to join us, all are welcome.

Already this year, we have welcomed several new members, but, we still have spaces available, so, why not come along to our next get together.

It is essential that lunch is booked in advance, to do this or, if you require any further information.

Please contact Tricia Elson on 07931 301606 or, email ladieslunchclub@btinternet.com

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Complete the grid so that every row, Column and every 3x3 box contains Every digit from 1 to 9

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Last Month's Solution

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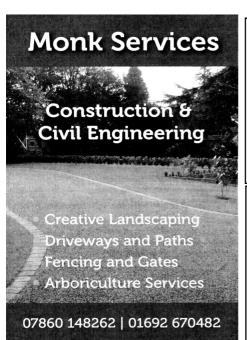


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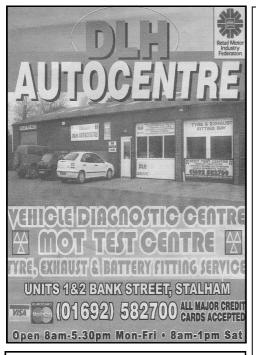
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CATFIELD NEWS - Contributions & Advertisements

Items for inclusion need to be received no later than **10** th of each month. Items can be e-mailed to the team, *contacts detailed on page 2*, or left in the Catfield News box in the Village Shop. Articles should be no more than 400 words and have the contributor's name attached, but the name does not have to appear in the magazine.

The Catfield News aims to be a magazine of local news and events and although we cannot always guarantee to include all items received, we will always give priority to Catfield news and events. If you have something you would like published in the magazine, please contact one of the team. For Business advertisements or small Classified Ads., please contact one of the Catfield News Team for details.

Catfield News items are published in good faith with every effort made to ensure accuracy of content as given to us. No liability can be accepted for inconvenience arising from error or omission. The views expressed in Catfield News are not necessarily the views of the Team.

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