

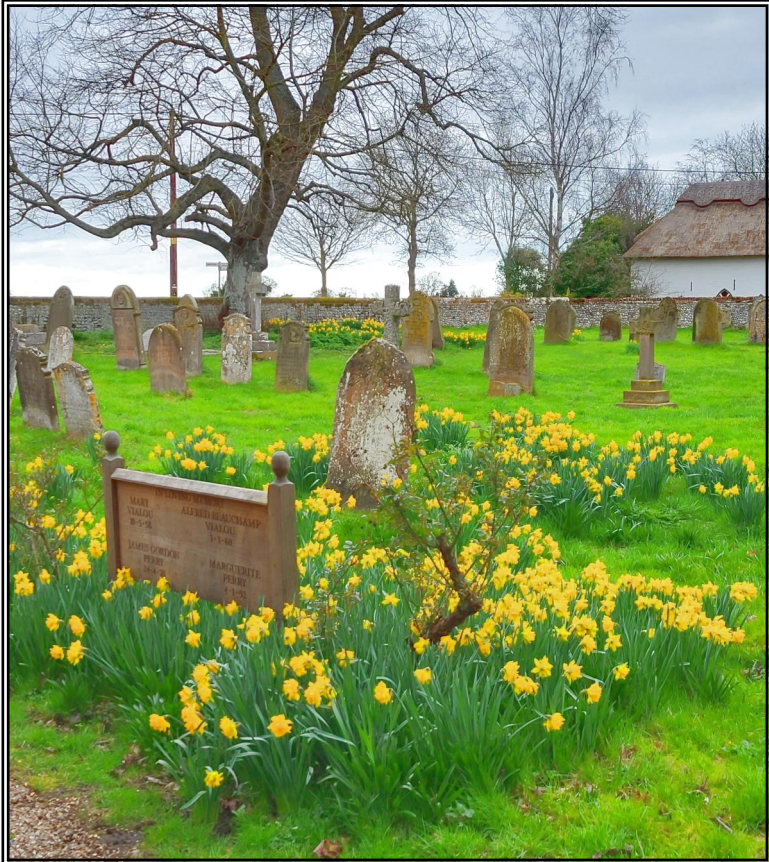


Issue 233

CATFIELD NEWS

Your village magazine

April 2023



Articles and pictures for the Catfield News

If you have an article for the magazine we would love to receive it, but please remember to include your name as we do not print articles if we do not know who the author is. We don't have to print your name, but we need to know who you are.

Do you have a picture that you think would look good on the cover? We are always on the lookout for cover pictures. Articles and pictures can either be e-mailed to one of the team or dropped into the Catfield News box in the Catfield Stores.

CATFIELD NEWS *Contacts:*

Steve Beckley: Chair/Treasurer Tel: 582913 - Email: stevebeckley1@gmail.com

Heather Hollister - secretarycatnews1@btinternet.com

Judith Gardiner - judithgardiner5@aol.com

YOU CAN drop your competitions entries and /or ***ANY*** correspondence into the ***CATFIELD NEWS BOX*** inside the Post Office, Special thanks to Vish & Karthi.

All submissions to be posted no later than the 10th of the month.

Please address your envelope to Catfield News

**If you would like to view the Catfield News online
it can be found on the
Parish Council website**

<https://catfieldparishcouncil.norfolkparishes.gov.uk>

and the Waterside Group website

www.watersidegroup.org.uk

The Catfield News is an independent magazine with no affiliation to the Parish Council, Church or any other body. We are a self funded magazine, produced by a group of volunteers with the income from advertisers paying for the production costs.

Helpful Information

Staithe Surgery Stalham

www.staithesurgery.co.uk 01692 582000

Surgery Hours

Monday to Friday 8.30am - 5.30pm

Dispensary Hours

Monday to Friday 8.45am - 5.30pm

Ludham Surgery

www.ludhamsurgery.nhs.uk 01692 678611

Surgery Hours

Monday, Tuesday, Thursday and Friday 8.30am - 6.00pm

Wednesday 8.30am - 1.00pm

Dispensary Hours

Monday, Tuesday and Friday 9.00am - 6.00pm

Wednesday 9.00am - 1.00pm

Thursday 8.30am - 6.00pm

Stalham Green Surgery

www.ludhamsurgery.nhs.uk 01692 580880

Surgery Hours

Monday, Tuesday, Wednesday and Friday 8.30am - 6.00pm

Thursday 8.30am - 1.00pm

Dispensary Hours

Monday 8.30am - 6.00pm

Tuesday, Wednesday and Friday 9.00am - 6.00pm

Thursday 9.00am - 1.00pm

Local MP

Duncan Baker

01692 557140

Duncan@duncanbaker.org.uk

Local County Councillor

Richard Carey Price

07880791258 (work hours)

Richard.price.cllr@norfolk.gov.uk

Local District Councillors

Pauline Grove-Jones 01692 580071

Pauline.grove-jones@north-norfolk.gov.uk

Matthew Taylor 07557097597

matthew.taylor@north-norfolk.gov.uk

Local Police

PC Matthew Pritty

Beat Manager

Hoveton Police Stn

Matthew.Pritty@Norfolk.Police.uk

April events

Indoor Cycling

Join us for an invigorating workout in Catfield village hall,
Monday and Thursday evenings 6.45pm to 7.30pm.
Bring a bottle of water and a small towel. You remain in control of your bike so you can set the resistance to the level that's right for you. Then just cycle along to the music as the instructor guides you through the session.

Class costs £6 and pre booking is required.

Contact Jane Turner to book a bike.

M: 079 078 44433 Email: mailjaneturner@yahoo.com

Parkinson's Group

Tuesday 4th April - 12.00 - 2.30pm in the Catfield Crown

This group is for anyone who has, or is living with Parkinson's Disease and is open to family and friends. We meet on a monthly basis and hope that through the group we can provide a place to meet and generally find out what help is available if so required.

A warm welcome awaits so please do come along and join us.

Contact Dave on 07484173099 for more info

Coffee & Chat Club

Friday 7th - 10.00 - 12.00 in the Village Hall

Come along to the Village Hall and have a drink, a piece of cake and either just sit and chat or join others playing games.

All welcome.

For more information contact Judith on 01692 580391

Parish Council Meeting Wednesday 5th

7.00pm
Catfield Village Hall

BINGO

**Friday 7th 7.00pm
Catfield Village Hall.**

See page 10 for more info

Catfield Stitching Group - Tuesday 11th and Tuesday 25th 2pm to 4pm in Catfield Village Hall

We are a friendly group of like-minded people, all at different levels of experience. If you, like us, enjoy stitching and sharing creative ideas, we would love you to join us. Please bring your own project (Embroidery, knitting, crochet, patchwork or creative sewing). We have occasional, optional group projects and workshops.

Please contact Pat Reid 01692 582978 or Brenda Hackney 01692 678128 for more information. £3.00 per session.

Tea, Coffee & Biscuits included.
Free first/taster session.

Catfield Crafters - Wednesday 26th 1pm to 3pm in Catfield Village Hall

At each meeting members share new ideas and techniques as well as making two card projects. All tools and materials are supplied. The subs for each session are £3.00 which includes refreshments. New members are always welcome.

Contact Jennifer Banham on 01493 740560 for more information

**Environmental Group Meeting
Wednesday 26th April at 7.00pm in the Village Hall**

Stalham & District Horticultural Society

Annual Spring Show - to be held in the "Poppy Centre", off Recreation Road in Stalham (NR12 9BH) on **Saturday 1st April**, open to the public from 2.00pm. Raffle, tombola and refreshments. Mini Plant Fair from local nurseries, so don't forget to bring some spending money too!

Lecture entitled - "Growing Daffodils and Narcissi" by Geoff Freeman, to be held in the Poppy Centre off Recreation Road in Stalham (NR12 9BH) on **Friday 21st April**, 7.15pm for a 7.30pm start. Raffle and refreshments. This also incorporates our Annual General Meeting.

One Liner: Adaption is the key to human existence

CATFIELD PARISH COUNCILLORS

Keith Bacon	01692 581314	keithbacon@keme.co.uk
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Jennifer Harris	07842553478	jenben.harris@gmail.com
Tim Harris (Vice Chairman)	01692 580220	tim@catfieldhall.com
Sam Hill	07881786690	samghill536@gmail.com
Nicolette Jeffreys	07966362762	nixsjeffreys@gmail.com
Angie Johnson	07770 581706	angiejohnson4@hotmail.com
Neil Jordan	07818 451907	neil.j.jordan@btinternet.com
Ray Read (Chairman)	01692 580739	cranemarie4@gmail.com
Clerk of Parish Council	07555197530	catfieldparishcouncil@gmail.com

If you would like a copy of the full P C Minutes please contact the Parish Clerk.
The minutes can also be viewed on the Parish Council website
<https://catfieldparishcouncil.norfolkparishes.gov.uk> and are
displayed on the notice board outside the Village Hall.

Useful Local Contacts

- Village Hall Booking Clerk** - Elaine Smith 01692 580056
elainesmith364@btinternet.com
- Catfield United Charities** - Jennifer Harris 07842553478
Jenben.harris@gmail.com
- Head of Catfield Primary School** - Mrs Jacqui Sinkins 01692 580568
www.swallowtailfederation.co.uk/catfield
- Priest in Charge of The Waterside Benefice** - Rev'd. Gary Noyes
01692 678842 granoyes@gmail.com

CATFIELD STORES & POST OFFICE

Opening hours

Monday to Friday 7.00am - 8.00pm

Saturday & Sunday 8.00am - 8.00pm

Bank Holidays 8.00am - 8.00pm

Tel: 01692 583489

Mobile Library

Visits Wednesday 12th

10.05 - 10.20 Thorn Road

10.25 - 10.40 Village Hall

News and happenings – Catfield Environmental Group, April 2023



The daffodils are out! Many of the bulbs bought with your donations and planted in the autumn are now up, and some are flowering, in particular those outside Trend which were the first to go into the ground. Thank you again for your generosity. With all the bulbs also in bloom in residents' gardens, the village is looking very colourful.

Litter pick

Far too much rubbish was again collected on our litter pick on 11th March. This included a mouldering collection of debris (e.g. odd socks, plastic toys, beer boxes) around the recycling bins at the village hall car park. There was satisfaction in removing it all from the natural environment, but it's dismaying that some people do not see the consequences of their actions. We also took the opportunity to add mulch to most of the hedging on the playing field.

Bingo success ...

A huge thank you to everyone who came along to our first bingo evening on 3rd March. You generously bought lots of raffle tickets and made it a fun evening. Special thanks to Graham and Holly Edwards who did the calling, Gill Bailey for organising and running it all and everyone who donated prizes and cakes. We have yet to deduct expenses from the takings but expect to have raised well over £300, which will go towards environmental projects in the village.

... and another one on Friday 7th April

The Village Hall is booked for an Easter Bingo session on 7th April at 7 pm. Hope you can come!

Village Fete, Sunday 25th June

The fete is taking place at The Old Rectory on School Road from 11 am to 4 pm, and at its first meeting the planning group was brimming with ideas to make it an enjoyable event for all.

We are delighted to acknowledge generous donations towards the event from Catfield Hall Estate and Haines Marine. This is so helpful and allows us to get facilities and equipment confirmed at an early stage.

For the day to be a success, we will need lots of helpers! We've put out an appeal and hope to hear from anyone who can lend a hand with set-up and/or support on the day in a variety of roles. If that could be you, please contact us at

catfieldenvironmentalgroup@gmail.com (write Village Fete in the subject line) or phone 07932 191558. Also, if you'd like to get involved in organising the event, or you can help with musical entertainment, please do get in touch.

Catfield Parish Council meeting highlights

Wednesday 1st March 2023

- **Public** – No items raised.
- **Cllr Grove-Jones update:**
 - Mitigation for Nutrient Neutrality should be agreed soon. This will allow planning applications and building to resume.
- **Cllr Taylor update:**
 - North Norfolk Local Draft Plan agreed by councillors and sent for examination.
- **Cllr Price update:**
 - County Deal going through public consultation.
 - Duncan Baker has raised funds for 112 generators for Ukraine.
 - East coast flood exhibition raised £359.65 for Sea Palling Lifeboats.
- **Anglian Water Complaint**– Residents can sign up to a Priority Services Register in the event of an incident causing a water outage. This will trigger additional assistance to those residents if they require it. www.anglianwater.co.uk/help-and-advice/watercare
- **Mushroom Site Fencing** – County Council has written to the owners who are required to move the fence back off the road as advised by 31st March 2023. If this is not done, legal action will be taken, or the county will carry out the work and bill the owner.
- **Flo Gas light pollution** – The lights are still causing road safety concerns; PC will approach the owner to discuss the matter.
- **CEG Update:**
 - 112 species have been identified at Sandholes.
 - CEG are working to map footpaths in the area.
 - Discussions with some farmers and landowners are underway to help environmentally improve their holdings.
 - CEG hosting Village Fete on 25th June 2023 and require volunteers.
- **Mud on roads around Fenside and water grups**– Impacts of water run offs that enter the Fen containing high levels of nitrates and phosphates was discussed. This will be taken up with Natural England. Grups not to be cleared until Natural England have responded. Eyewitnesses are required to all provide statements to Highways.
- **Bus Shelters** – PC to investigate preplanning advice for a bus shelter outside the Village Hall.
- **Allotments** – Land has been cleared for 6 allotments. 4 at 6m x 10m and 2 at 8m x 8m. PC awaiting final approval from Poor's Trust.
- **Village Hall bench** – Delivered and will be put in place in due course.
- **Village Hall Recreation Ground** – once the trip hazards on the mound with the slide have been removed, the playground can be reopened.
- **All Saints Church** – looking into having a Friends of Catfield Church

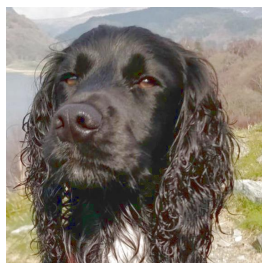
Please refer to the website and noticeboards for full details of meeting minutes.

Next Meeting Wednesday 5th April 2023 at 7pm in the Village Hall



With the clocks springing forward later this month we can all relish the longer days and opportunity to spend more time outdoors. Spring is one of my favourite times of the year with temperatures rising and everything bursting into life. For those of us who suffer from hay fever these changes are not always so welcome and unfortunately seasonal allergies can affect our pets as well. In fact, skin conditions are the most common problems encountered in first opinion veterinary practice and can be one of the most challenging to resolve. For 95% of dogs who suffer from skin allergies it is environmental allergens, such as grasses and pollens that trigger the reaction and much less commonly related to the food they eat. This means that we can't eliminate the source of the problem in most instances, but there is still a lot that can be done. In young dogs we can try and identify the exact allergens and create unique vaccines to desensitise them over a period of time. In cases where this can't be done there are a variety of means, through shampoos, medications and topical treatments, to manage the symptoms and ensure our pets are comfortable and itch free. All individuals are different, but the discomfort associated with being itchy is there for them all, so if your pet is suffering a skin problem then it is definitely worth seeking veterinary advice as to what can be done.

Our case this month is Henry, an 8 year old Cocker Spaniel. His owners first brought him in because he had suddenly become lethargic and had stopped eating. On examination he was very pale so was admitted for blood tests. These confirmed that he was suffering a life-threatening anaemia due to a rare condition that meant his own immune system was attacking his red blood cells. At this time his red blood cells were so low he required a blood transfusion. We also started treatment to suppress the immune reaction and had to check his red blood cell count at least once a week for a couple of months. Fortunately he responded very well and within 2 months he was no longer anaemic. He has not yet been weaned off the medications completely he is back to his old self and doing fantastically well.



We are very fortunate to have volunteer blood donors who we can call at times of need. Dogs need to be fit, healthy of good temperament, over 20kgs in weight and under 6 years of age. If you would like your dog to be considered as a possible blood donor please get in touch with the surgery. They may save a life like Henry's.

Toby Morrell MRCVS Westover Vets

An event organised by

Catfield
 Environmental Group

Hop along to our
Easter
BINGO

Come and join us
 for a night of Bingo fun
 Friday 7th April @ 7pm
 Catfield Village Hall

FUN • RAFFLE
PRIZES • CHOCOLATE

*Come and join us
 it's sure to be
 a full House!*

£6
 raffle and
 refreshments
 available
 during
 interval

Any
 enquiries call
 07932
 191558

Money raised from this event will support
 Catfield Environmental Group and will help fund
 projects within Catfield Parish





VOLUNTEERS
NEEDED
For Catfield Fete
 Sunday 25th June 2023 from 11am till 4pm

**WE NEED YOUR
 HELP IN THE
 FOLLOWING AREAS...**

Beer Tent, BBQ, Car Parking
 Refreshments, Washing Up,
 Helping With Activities etc

If you can help, don't hesitate to contact us by
 EMAIL: catfieldenvironmentgroup@gmail.com or PHONE: 07932 191558


Catfield
 Environmental Group

April Notice Board

Come and join the Catfield News Team

Would you like to be part of the team that produces the village magazine? If you fancy a new challenge and have some spare time we would love to hear from you.

If you are interested please email secretarycatnews1@btinternet.com or drop a note in the Catfield News box in the village shop.

Pams Academy of Motoring

Pams driving school has now retired, we would like to thank everyone in Catfield who has supported our business over the past 17 years. It has been a real pleasure to teach you young students and we wish them well in the future. Many thanks again Pam and Sue.

Catfield Church needs your help

Like many churches, Catfield Church is struggling to raise money for the actual running of the church, the annual insurance, for repairs and making improvements to the building facilities.

If you would be interested in becoming part of a Friends of Catfield Church Group, with the aim of raising money to preserve our beautiful church, please email judithgardiner5@aol.com or drop a note in the Catfield News box in the village shop.

Could the rumour about a possible new Village Hall, playing area for the children and a woodland area opposite Saint Catherine's Avenue being refused by the Parish Council be true? Do we not live in a Democratic village? I'm sure the builder also wanted to put some more houses. What a good idea and places for young people to hopefully be able to buy and stay in the area.

JIGSAW PUZZLES FOR SALE

Some £3 each, some £4 each. Contact Sylvia on 07470655799 or come and look at 7, Parkers Close, Catfield

WROXHAM & HOVETON LIONS CLUB

After the cold snap last month, now the clocks have changed we can really feel Spring is here.

Our first CRAFT FAIR of the year was held on 12th March at the Broadland Youth and Community Centre Stalham Road Hoveton and this was a great success. Further fairs are scheduled at the same venue for 21st May, 8th October and 19th November, from 10am to 3pm. Admission is free and refreshments are available.

Our charity shop continues to be busy and we still need your donations of good, clean items, especially bric-a-brac., so if you are having a sort out, or down-sizing, please bear us in mind. You can drop items in at the shop, or alternatively ring them on 01603 783737 or myself on 07850091570 and we can arrange collection.

We would respectfully ask anyone donating clothing to our charity shop, to please make sure that they are clean and in a saleable condition

Planning is well underway for our annual summer **CHARITY VILLAGE FETE** which is being held on **AUGUST 6th at Hoveton Village Hall and Playing Field.10am to 4pm.** In addition to the usual stalls and classic cars we are hoping to have a Jaguar Cockpit, climbing wall, mini donkeys, a dog agility team and an enlarged display by the Norwich Internal Combustion Engine Society. Bookings for all pitches as well as Classic vehicles, are now being taken. Unfortunately, all inside Craft Stall Pitches have now been allocated. All booking forms can be downloaded by going to our website [www. wroxhamandhovetonlions.org](http://www.wroxhamandhovetonlions.org) and clicking on the link "Fundraising Events" or alternatively, by telephoning Lion Mike Clipston on 07767810027

We always welcome new members, so if you have any spare time and feel you would like to put it to good use and give something back into your community, why not think about joining us. If you are interested, please give me a call 07850091570 or contact our membership chair-person, Lion Lydia Spight, via our "Learn More" link on web site www.wroxhamandhovetonlions.org

Lion Terry Vout
President.

Horning Ladies Club

Hello,

For anyone who has not yet heard about us, we would like to introduce ourselves.

We are Horning Ladies Lunch Club. We meet on the 4th Tuesday of each month (between October and June) at the Old Rectory Hotel in Crostwick.

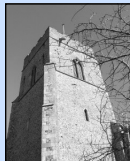
We enjoy a delicious 2 course meal, followed by Tea or Coffee, and, to complete the afternoon, we have a different guest speaker each month.

You do NOT have to live in Horning, in order to join us, all are welcome.

Already this year, we have welcomed several new members, but, we still have spaces available, so, why not come along to our next get together.

It is essential that lunch is booked in advance, to do this or, if you require any further information.

Please contact Tricia Elson on 07931 301606 or, email ladieslunchclub@btinternet.com



All Saints' Church Catfield April Services

Sunday 2nd April	10am Benefice Holy Communion Service at Ludham	
(Palm Sunday)		Rev'd Gary Noyes
Holy Week		
Monday 3rd April	7pm Compline Catfield Church	Judith Gardiner LLMT
Tuesday 4th April	7pm Compline Potter Heigham Church	Christine Wall
Wednesday 5th April	7pm Compline Ludham Church	Rev'd Gary Noyes
Thursday 6th April	7pm Compline Ludham Church	Rev'd Gary Noyes
(Maundy Thursday)		
Friday 7th April	12 Noon Walk of Witness and Benefice Hour	
(Good Friday)	at the Cross with Ludham Methodist Church	Rev'd Gary Noyes
Sunday 9th April	10am Joint Holy Communion at Potter Heigham	Rev'd Linda Shuker
(Easter Sunday)	10am Holy Communion at Ludham	Rev'd Gary Noyes
	6pm Praise and Garden Service at Catfield	Judith Gardiner LLMT
Sunday 16th April	10am Joint Holy Communion at Catfield	Rev'd Gary Noyes
Sunday 23rd April	10am Joint Holy Communion at Potter Heigham	Rev'd Gary Noyes
Sunday 30th April	10am Joint Songs of Praise at Catfield	Judith Gardiner LLMT

I wonder if you have walked through the church yard this year and seen the wonderful display of early snow drops, and now the daffodils. I would not only to invite you to go and have a look but also thank John Ware, Keith Bacon and Alan Nicholson for their hard work. Soon the cherry blossom will be in flower and you are very welcome to come and sit and just be quiet, but I would like to gently remind you that dogs are welcome on a lead on the footpath but would ask that you do not allow them to run freely or foul anywhere in the churchyard.

Judith Gardiner
Church Warden

Dear Friends,

Reaching Easter means many things to people- the days are longer, the sun is stronger, and the land begins to take on a different hue. The Lesser Celandine, which happened to be Wordsworth's favourite flower, has long been out, and the summer lies before us, with all its promise. We look forward to our hot-cross buns on Good Friday, and Easter eggs on Easter Sunday- all those things are good, especially when we can share them with family and friends.

We also remember that the Christian Church in every corner of our planet celebrates Easter, too, as we also do here in our corner of rural Norfolk - it becomes for so many of us a moment in the year when we can re-ignite our faith, and we see the cross, the empty tomb after the resurrection of Christ, and the promise of new life in a fresh and dynamic way. It's a time when we don't just feel that God is with us, but we know that he has done something in our world through Jesus that will last forever- not just for a season, but literally for all eternity, and we are all called to be part of that. Each one of us has an invitation to meet with the risen Christ and know that he can change our lives forever. Not only that, but he can enable us to make sense of all that we felt had no real answers. The prayer for Easter Day contains these timeless words: 'Through the mighty resurrection of your Son, you overcame the old order of sin and death to make all things new in him...'

Here is a prayer that each of us could pray this Easter: 'Lord Jesus Christ, I thank you for everything you have done for me through the cross and resurrection- for the blessings that I have yet to experience, and the insights I have yet to discover, with all the joys that you hold in store for me. Re-ignite my faith, I pray, and remind me that I live each day in your growing light, and that no situation, however daunting it may seem, is finally beyond your power to redeem. So may I place my trust in you always- for this life, and in the life to come. Amen.

We would like to wish you all a happy and blessed Easter, and we look forward to seeing you at some of our various services across the Waterside Benefice.

Gary and April

Rev'd. Gary Noyes

Priest in Charge of The Waterside Benefice. The Vicarage, Norwich Road, Ludham, Norfolk, NR29 5QA Tel:01692 678842.

My usual work days are: Wednesday, Thursday and Sunday

Matthew Pike 9.8.69 - 3.3.23



Funny, loving, caring and crazy, always wanting to help others in their time of need. Loving husband, son, father, step father, brother and dear friend to many. Tragically taken too soon. Shelley and family would like to thank everyone for their cards and kind words of comfort. He will be missed by many.

Leslie Wharton and Rose and Jim Wakefield

The families of the late Leslie Wharton and Rose and Jim Wakefield wish to thank everyone for their kindness and messages of support. It has been a very difficult time but it has provided comfort in knowing that so many people had nothing but kind words for them. Thanks to Reverend Gary Noyes for conducting both services and for his guidance in steering us through this difficult journey. Also thank you to Scott and Gail for laying on a great buffet at the Crown.

FARMING NEWS

Spring Barley and Spring beans are all drilled in perfect seedbeds, all the winter cereals have had some Nitrogen and Sulphur. Second cereals have had some Potash. Why Potash? Potash (Potassium) helps leaves to grow, whereas Phosphate helps roots to grow. Generally in Catfield soil Phosphate levels are OK and we don't need to apply any additional Phosphate. As all the Spring Barley follows Sugar beet, the vast majority of the available soil Potassium has been taken up by the Sugar Beet, leaving very little for the following crop, so we apply Potassium in the form of Muriate of Potash (MOP). All the winter ploughing is complete and is probably the best ploughing that has ever been done for sugar beet. Finally, all the 2022 sugar beet have been delivered without any mud on the road after a very difficult season which ended with only two sugar factories working. One fell to bits and the other ran out of water.

Lambing is almost finished. It's been the worst year ever for difficult births but we monitor the ewes every couple of hours and help them as needed. Generally, it's just a bit of help to straighten the lamb's front legs and out they pop. After the lambs are a couple of days old, they are pretty robust which is good as on the 9th March it was pretty cold and snowing for most of the day.

We're all getting our minds around The Environmental Improvement Plan, this builds on the 2018 plan and sets out how Defra and going to work with landowners, communities and businesses to deliver its goals. There are 10 goals, you can imagine what they will be but I've yet to meet anyone who has read, or even downloaded the 260 page report. As usual there is a mix of carrots, incentives like ELMS and sticks to beat us. So we are supposed to be engaging with ELMS and particularly SFI (Sustainable Farming Incentive) but the problem with the first brick, soil, in the SFI wall it delivers a barrier for Spring cropping farms such as what we have in Catfield. Later this Summer 6 more bricks arrive. I'm not convinced that farmers will engage. The truth is that the same drivers are behind SFI as there were behind BPS but very few farmers read the cross compliance rules and just collected the subsidy and seemed to be surprised when they received fines. SFI wants farmers to sign up to specific management guidelines which will deliver clean, water, clean air, reduce waste and better soil. I think we are already doing the higher level of management required in Catfield, so in theory it should be a walk in the park.

Biodiversity Net Gain. This is planning Highway robbery. If an applicant wants planning permission there has to be a 10% biodiversity net gain from November. I can't see this scheme delivering much at all except promises. To calculate what is required someone has developed "Biodiversity Metric 4.0" to calculate the baseline then how many BNG credits are required for the legal agreement for a 30 year period. I can think of much cheaper ways to achieve a net gain- talk to farmers.

Farming in a Protected Landscape (FiPL)- that's us in Broads National Park, except it's not a National Park and in North Norfolk AONB. This is quite an interesting fund which helps support nature recovery, mitigate the impacts of climate change and supports a more nature friendly farm businesses. I think this is what my farming business is becoming- nature friendly - its all there if you look closely just sitting in fields enjoying life and eating my crops. Having had a pint with the Catfield Environmental Group in the pub, this should be what they are trying to promote.

AWA 10.3.2023

ThinkWilt on The Scottish Play

Chaucer may have regarded April with its showres soote as a time for pilgrimage, but ThinkWilt is leaving it a month or two. Expect a traveller's tale when the weather warms up and the trains run on time.

Thanks to a friend from a theatrical family, ThinkWilt knows that it is unacceptable to refer to Shakespeare's tragedy of *Macbeth* in any but the most oblique terms. Even the line apparently banishing a recalcitrant hound is barred. However, after a performance of the Scottish Play (the tolerated euphemism), some thoughts bubbled up from the witches' cauldron, linking Shakespeare's character to its historical origins (via the notoriously inaccurate *Holinshed Chronicles* on which the Bard seemed to rely), to King James I, whom we borrowed from the Scots, and to the present day.

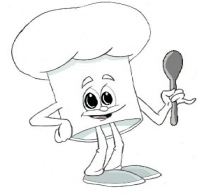
The historical Macbeth, like Shakespeare's, was a minor aristocrat, but succeeded almost by chance the unfortunate King Duncan, who died in battle against him. Death in battle was felt in those days to be an honourable end for a monarch, but the succession of the victor to the throne may not have been entirely uncontroversial. Nearly six hundred years later, when the play was published, King James, too, may have worn his crown uneasily. Queen Elizabeth I, whom the Scots did not recognise, had died without issue, and the Scottish James VI, son of Mary, Queen of Scots, was regarded as a unifying force and as a bulwark against Catholic insurgency. That the fears of rebellion were justified was demonstrated by the Gunpowder Plot two years after James' accession, and Shakespeare's play, published a year later, may have served to show that removing a monarch by violence rarely ends well - a reassurance to his King and a deterrent to residual dissidents,

The premature end of a reign has occurred three times since. It took less than a hundred years after James I's accession in 1603 for Charles I (by execution after only *faintly* questionable due process) and James II (by an *almost* bloodless revolution) to lose their jobs, and then some 250 years later Edward VIII was forced to abdicate by a combination of ecclesiastical, parliamentary and public pressure over his determination to marry a woman who was divorced - and American to boot. The children of HRH the Princess of Wales have rendered remote the possibility of Prince Harry's accession, so that issue is unlikely to arise again in our lifetime.

By analogy we can move on to the removal of those who purport to run the country. A barely adequate process for throwing the government out every five years doesn't seem to satisfy our current ruling party, which has seen two internal defenestrations so far, and ThinkWilt has predicted a third before the year is out. Shakespeare does not tell us what the subjects of the Scottish Gentleman thought, but ThinkWilt wonders what we should make of current events.

ThinkWilt is the pen name of Richard Reid. The views expressed are his own.

Chef's Specials



Lamb Pie with Mustard Thatch

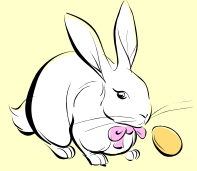
Ingredients

800g floury potatoes, diced
60ml milk
1tbsp wholegrain or French mustard
A little butter
450g minced lamb
1 onion, chopped
2 celery sticks, thinly sliced
2 carrots, diced
2 tbsp cornflour
150ml lamb stock
1 tbsp Worcestershire sauce
2tbsp rosemary or dried herbs
Salt and Pepper
Vegetables to serve

Method

1. Cook potatoes in a large pan in salted water until tender. Drain well and mash until smooth, stir in milk, mustard, butter and seasoning to taste.
2. Preheat oven to 180C
3. Fry the lamb in a non-stick pan until browned all over. Add the onion, celery and carrots and cook for 2-3 minutes, stirring continually.
4. Mix the cornflour with the stock and pour into lamb mix. Bring to the boil, stirring all the time. Remove from heat. Stir in Worcestershire Sauce and rosemary and season to taste.
5. Turn the lamb mixture into an ovenproof dish and spread over the potato topping evenly. Bake for 30-35 minutes until golden, serve hot with a selection of fresh vegetables.
D.S.

EASTER QUIZ



1. Who made the first Easter egg in 1873?

.....

2. What was the weight of the 10.39m Easter Egg made in Italy in April 2011?

.....

3. How is the date set for Easter Day each Year?

.....

4. Who was the female lead in the Easter parade film?

.....

5. The Thursday before Easter Sunday is known as?

.....

6. Which is the German village that holds a passion play every ten years?

.....

7. What was the name of the hat often decorated with flowers called?

.....

8. What is the correct name for Pancake day?

.....

9. What is the special name for the fruit cake with marzipan on it eaten at Easter?

.....

10. Name these famous bunnies:-



.....



.....



.....

Please put your Quiz entries together with your name and contact details in the Catfield News box in the shop by 10th April

The way you vote at your polling station is changing...

From **May 2023** new UK government legislation contained within the Elections Act 2022 means all voters voting in person at the polling station will need to provide photographic identification before being issued with your ballot paper.

Please see overleaf for accepted forms of identification

If you do not have one of the accepted forms of identification you may apply for a free Voter Authority Certificate at www.gov.uk/apply-for-photo-id-voter-authority-certificate

Please visit our website at www.north-norfolk.gov.uk/voterID for more information or email us at electoralservices@north-norfolk.gov.uk or call 01263 513811

Postal Votes

You DO NOT need to provide photographic ID if you have a POSTAL VOTE.

For more information and if you wish to apply for a postal vote please visit our website to download an application form or request one by emailing us at postalvotes@north-norfolk.co.uk or call **01263 513811** or collect a form from our Cromer or Fakenham offices

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- a driving licence issued by the UK, any of the Channel Islands, the Isle of Man, or an EEA state
- a biometric immigration document
- an identity card bearing the Proof of Age Standards Scheme hologram (a PASS card)
- a Ministry of Defence Form 90 (Defence Identity Card)
- a Blue Badge
- a national identity card issued by an EEA state
- an Older Person's Bus Pass
- a Disabled Person's Bus Pass
- an Oyster 60+ Card
- a Freedom Pass
- a Scottish National Entitlement Card issued in Scotland
- a 60 and Over Welsh Concessionary Travel Card issued in Wales
- a Disabled Person's Welsh Concessionary Travel Card issued in Wales
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Complete the grid so that every row, Column and every 3x3 box contains Every digit from 1 to 9

	4				1			
					8			9
	1			6		2	3	
1					9			7
	8	4	5		1	3	2	
7			8					4
	7	1		3			9	
3			4					
		2					8	

Last Month's Solution

1	8	9	7	3	2	6	5	4
6	7	2	4	5	8	3	9	1
5	4	3	6	9	1	7	2	8
9	1	4	2	7	6	5	8	3
2	5	8	9	4	3	1	7	6
7	3	6	8	1	5	9	4	2
8	9	7	3	6	4	2	1	5
3	2	1	5	8	9	4	6	7
4	6	5	1	2	7	8	3	9

Quick and cheap ways to increase the value of your home.

If you are considering selling your property, you're most likely hoping that the valuations will come in high. Make sure that you get the highest valuation possible with these tips.

Everyone wants their home to be worth as much as possible. If you are considering selling your property, you're most likely hoping that the valuations will come in high. There are many reasons why we hope for a high valuation:

1. If you sell for a high price and buy for a lower price, you will release some of the equity built up over the time you've owned the property.
2. If you're hoping to buy a more expensive property than you are selling, the higher the valuation is on your current property, the less cash you will have to add to your purchase to make up the difference.
3. Ego. It is human nature to want your home to have value. Our homes are our castles, and we are proud of them. Maybe this is so that you can boast to your friends or work colleagues or simply feel your home was a sound investment. A high valuation on your property is validation that the work you've done over the years, the mortgage payments you've made, or the investment you've made into upgrading parts of the property have not been in vain.

And did you know there are ways that you can, almost instantly and almost cost-free, make small changes that can significantly impact the value of your property and increase the ultimate sale price?

Cleanliness - It seems obvious, but if your property is not clean, it will be less appealing to a viewer. More than simply a run around with a Hoover and bleach around the bathroom, a deep clean before your valuations could pay dividends. Paying particular attention to grout around tiles and silicone around the kitchen and bathrooms as these are quite difficult to clean properly but are very noticeable on a viewing appointment.

Dated Decor - If the decor within your home is dated or perhaps looking a bit worse for wear, this can significantly impact the attraction of your property. A viewer will be looking at your property through a very critical lens, so peeling wallpaper, faded walls, or scuffed and chipped woodwork will give the impression that your property has lots of work needed to get it up to standard. It could hugely improve the valuation of your property if you spend a few weekends freshening up the decor.

Overgrown Gardens - An overgrown garden not only looks messy, but it will also seem smaller! A viewer will see an unkempt garden as a huge challenge they must tackle, which might prevent them from making an offer. Square footage equals value, so a quick way to show the full extent of your outside space is to cut back and tidy up the bushes, trees and flower beds.

The intention here is to showcase your home in a way that is as much of a blank canvas as possible. Unless you're selling a property for refurbishment, and this is reflected in the marketing price, your property is more than likely an average, lived-in, family home. And it is expected that you, your family, and all your belongings will also be living in the property. You aren't expected to have a 'show-room standard' home, but clearing out as much as possible to show off the size and space you have properly could improve the price that someone will be willing to offer you.

In addition, the average family searching for a new home will not necessarily want to take on a large project. If your property gives the impression that there is much work to do, you could put potential buyers off.

By following these tips, you will present your home so that a buyer can clearly see the size and state of your property without giving them a mental to-do list of all the tasks they will have to tackle. If your home is ready for them to move into, and they can see themselves being happy and settling in quickly, then you are more likely to be able to negotiate a higher offer from them.

Daniel Trett

www.trettphillipsresidential.co.uk



NWT Hickling Broad

We're thrilled to get back to our seven day a week opening at the Visitor Centre this month, opening hours 10am – 5pm. Guided boat trips are back! Our two-hour trip in the morning at 10:30am and two one-hour guided trips in the afternoons at 1.30pm and 3pm, offer visitors the chance to escape the hustle and bustle of everyday life and get close to nature. Experienced guides will navigate across and through the narrow channels of the broad and take you to bird hides and our 60ft tree tower on the South side of the broad. All only accessible by taking one of our tours. Booking in advance is advisable please call on 01692 598276.

Our regular “Birds of Hickling” walk, aimed at beginners and those looking to improve their identifying skills, starts 14 April and runs weekly through to early June. Would you like to know more about the reserve? On our “Walk with a warden.” you'll learn about the history of the reserve and how it's changed over time with those that know this unique and beautiful habitat the best. (April, May and September dates.) Have you ever heard a bittern boom? On our Boom of the Bittern walk our guide will lead you on a tour of the reserve in an effort to discover how many booming males are out there trying to attract a mate.

For the family, 11 April - Miraculous Mini Beasts and Dyke Dipping – Join our education team to learn about some of the smallest creatures that inhabit the reserve.

For information and to book on any of our events please visit.
www.norfolkwildlifetrust.org.uk

Rachel Frain – Senior Visitor Centre Coordinator Hickling Broad

Tip: Before you take a shower, wipe shaving foam on the bathroom mirror. It will stop it from fogging up so you don't have to wait before putting on make-up or shaving after you get out of the shower.

WaterCare by Anglian Water

Our WaterCare service is here for you if you need a helping hand. We offer support through our Priority Services Register and Extra Care Support, and you can get support from one of these or both of them – whatever's right for you.

[Our Priority Services Register](#)

If you need practical support, our Priority Services Register is here for you. It's completely free, and once you've signed up, you can stay on it for as long as you like.

[Extra Care Support](#)

We understand that bills aren't always the first thing on your mind. If you're recovering from an illness, or going through other life changes affecting your finances, we want you to feel like you can talk to us about it.

Website: <https://www.anglianwater.co.uk/help-and-advice/water-care> Priority Services Register by UK Power Networks

If you live in London, the East or South East of England, then being on our Priority Services Register will ensure you will receive extra support if you experience a power cut.

We work with other utility companies to provide extra support to customers in vulnerable circumstances. We can also help you sign up to receive support from your local utility companies.

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- have refrigerated medicines.
- have a serious or chronic illness.
- have a disability.
- is living with dementia.
- are of pensionable age.
- have children under five in your household.
- have mental health difficulties.

We recognise that people may also need support because of life-changing events such as bereavement, relationship breakdown, job loss, recovery from hospital treatment or living independently for the first time. If you or someone in your household is experiencing any of these circumstances, you can register to receive extra help on a temporary basis.

Website: <https://www.ukpowernetworks.co.uk/power-cut/priority-services/about-the-priority-services-register>

Easter at the Museum of the Broads

April is a great month to visit. It's generally quieter, the spring sunshine makes the river sparkle, and we have our popular family Easter Trail until Sunday 16 April. There are prizes for children and fun discovering our local wildlife. And remember, all 12s and under visit the Museum for free in 2023!

We have indoor and outdoor family activities and you can experience our unique watery landscape from one of our 2 boats too. Dogs are welcome so bring the whole family along!

Our special exhibition is on Broadland artist, Philippa Miller, and we have new displays showing how some of our ancestors lived and worked on the Broads.

So, what are you waiting for? We look forward to welcoming you to our historic and unique setting by the river at Stalham!

The Museum of the Broads, Poor's Staithe, Stalham, NR12 9DA, 01692 581681
www.museumofthebroads.org.uk @MuseumBroads on Twitter, Facebook and Instagram

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Sunday	12.00pm - 10.30pm	12.00pm - 8.30pm




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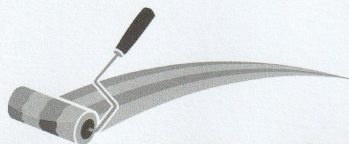
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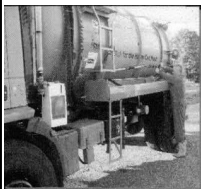
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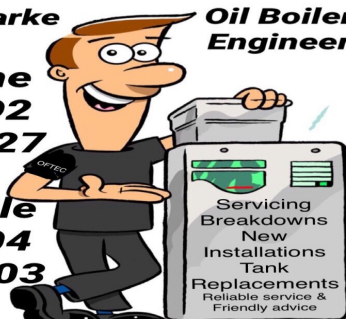
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Items for inclusion need to be received no later than **10th** of each month. Items can be e-mailed to the team, *contacts detailed on page 2*, or left in the Catfield News box in the Village Shop. Articles should be no more than 400 words and have the contributor's name attached, but the name does not have to appear in the magazine.

The Catfield News aims to be a magazine of local news and events and although we cannot always guarantee to include all items received, we will always give priority to Catfield news and events. If you have something you would like published in the magazine, please contact one of the team. For Business advertisements or small Classified Ads., please contact one of the Catfield News Team for details.

Catfield News items are published in good faith with every effort made to ensure accuracy of content as given to us. No liability can be accepted for inconvenience arising from error or omission. *The views expressed in Catfield News are not necessarily the views of the Team.*

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